

Art of Balanced Leadership

Self-Mastery and Maturity are actualised by balancing our
Left / Right / Centre.

Often the progressive process of realisation and growth has
moved us from Left, to Right, into Balance - the Centre

Look carefully at the three columns and levels below.

At each level, move from Left to Right, to the Centre.

Balanced Leadership means becoming more Centred.

*In your personal journey into maturity you will
find that by being in thoughtless awareness*

you become even more..... Centred.



People
Relaxation
Desire
Receptive
Yin
Lethargic
Emotion / Beauty
Feelings
People
Cooperator
Depression
Avoids work
Victim
Dependent
Submissive
Subordinates
Inactive
You win
I lose energy
Right brain
Left Sided
Abandon
Super-ego
Conditioned self
No choice
Flight

Balance
Meditation
Evolution
Harmonious
Yoga
Dynamic
Pure Awareness
Self-mastery
Balance
Co-Creator
Inspiration
Works on Self
Visionary
Interdependent
Assertive
Co-creates
Interactive
We Win-Win
We synergise
Whole~limbic
Centred
Detach
Spirit
True Self
Multiple choice
Flow

Task
Concentration
Action
Active
Yang
Hyperactive
Intellect / Truth
Thoughts
Task
Controller
Inflation
Works on goals
Victor
Independent
Aggressive
Dominates
Pro-active
I win
You lose energy
Left brain
Right Sided
Control
Ego
Separated self
Either-or choice
Fight